

Ever needed to make a template 'sleep' for a defined period?

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One of the code snippets I've had scattered around is a short java command to make the current thread sleep, for a set period.

Its handy if you want to add a set period of delay to an application, for any reason.

```
<cfscript>  
thread = createObject("java", "java.lang.Thread");  
thread.sleep(javaCast("long", 5000));  
</cfscript>
```

It creates the java thread object, and uses the sleep method to pause the thread for whatever numeric value you give it. In this example 5000ms.